

MUM'S MEATBALL SOUP

SERVES 5

Ingredients

2 litres water
5 whole black peppercorns
1 onion, peeled
1 tsp Vegeta
500g mince (pork, beef, or chicken)
Salt and pepper
Garlic, crushed
1 egg
3 potatoes, peeled and cubed
2 carrots, peeled and sliced
Parsley and dill, to serve

Method

Add water, peppercorns, onion and Vegeta to large pot and boil.

Combine mince, salt, pepper, garlic and egg in a bowl. Roll to form small meatballs.

Add meatballs to the boiling water. When cooked, they will rise to the surface. Add potatoes and carrots and boil for 10-15 minutes.

When ready to serve, garnish with chopped parsley and dill.

**YouTube: Sisters of the Holy
Family of Nazareth - Australia**